The formulas of Zhang Zhongjing (張仲景, ca. 150-219) have been the foundation and inspiration for a vast number of later formulas. The effectiveness of classical formulas has earned praise for almost two thousand years, but in spite of this, they are often neglected by modern practitioners of Chinese medicine, who find them difficult to understand and use in the clinic.

This lecture will provide you with the tools necessary to independently study, understand, and use the formulas of Zhang Zhongjing. We will stress understanding the original intent of a formula as a foundation for using it in flexible and novel ways.

Topics covered will include:
- Six-channel differentiation
- Formula elements, families, and patterns
- Pathomechanisms
- Treatment principles

Come learn the skills that will continue to benefit you and your patients for years to come!

Stephen Boyanton is a practitioner and scholar of Chinese medicine. He completed his MSTOM at Pacific College of Oriental Medicine, San Diego, in 2008, and is currently completing a PhD in Chinese History at Columbia University. He spent the academic year 2011-2012 at Beijing University of Chinese Medicine beginning the research for his dissertation, attending graduate level seminars, and following senior physicians in the clinic. His current projects include writing his dissertation—tentatively titled, “The Treatise on Cold Damage and the Formation of Literati Medicine: Social, Epidemiological, and Medical Change in China, 1000-1400,” translating Systematic Differentiation of Warm Diseases (Wenbing tiaobian 溫病條辨) to be published by the Chinese Medicine Database in 2014, and continuing his clinical practice. He will be teaching a course on Chinese medical history at Columbia this fall.